



1	U11 Boys	1 Short Lap	11:45AM
2	U11 Girls	1 Short Lap	
3	U13 Girls	1 Long Lap	
4	U13 Boys	2 Short Laps	
5	U15 Girls	2 Short Laps	
6	U15 Boys	2 Long Laps	
7	U17 Ladies	2 Long Laps	
8	U17 Men	1 Short + 2 Long Laps	
9	Jnr/Snr Ladies	1 Short + 2 Long Laps	1:45PM
10	Jnr/Snr Men	1 Short + 4 Long Laps	2:15PM

NUNROYD PARK
XC COURSES