

WYLXC - OULTON SPORTS CLUB WAKEFIELD ROAD LS26 8EL

HOSTED BY ROTHWELL HARRIERS & AC

LARGE LAP START , RED FINISH,APPROX 2000MTS

SMALL LAP START , BLACK FINISH APPROX 1600MTS

<u>RACE</u>	<u>APPROX DISTANCE</u>		<u>START TIME</u>
U11 BOYS	1500 MTS	1 SMALL LAP	11.45am
U11 GIRLS	1500 MTS	1 SMALL LAP	
U13 GIRLS	3000 MTS	2 SMALL LAPS	
U13 BOYS	3500 MTS	1 SMALL + 1 LARGE	
U15 GIRLS	3500 MTS	1 SMALL + 1 LARGE LAP	
U15 BOYS	4500 MTS	3 SMALL LAPS	
U17 LADIES	4500MTS	3 SMALL LAPS	
U17 MEN	5600 MTS	1 SMALL + 2 LARGE LAPS	
SEN LADIES	5600 MTS	1 SMALL+ 2 LARGE LAPS	1.45pm
SEN MEN	9950MTS	5 LARGE LAPS	2.15pm

PLEASE KEEP OFF ALL CRICKET ,RUGBY AND FOOTBALL PITCHES WHEN WARMING UP

ON SITE PARKING MAY NOT BE AVAILABLE DUE TO A FOOTBALL MATCH , SO CAR SHARE IF POSSIBLE ,ON STREET PARKING IS AVAILABLE ON FLEET LANE AND PENNINGTON LANE WHICH ARE ONLY A FEW MINUTES WALK AWAY AND SURROUNDING STREETS (PLEASE DO NOT BLOCK RESIDENTS DRIVES),ROTHWELL SPORTS CENTRE CAN BE USED TO DROP CLUB TENTS OFF, BUT DONT PARK THERE OR IN THE CARE HOME CAR PARK NEXT DOOR ,AS CLAMPING IS IN USE ,BOTH WAKEFIELD ROAD AND METHLEY LANE ARE FAST ROADS AND PARKING ON THEM COULD BE DANGEROUS AND IS NOT RECOMMENDED.

MALE AND FEMALE CHANGING ROOMS ,TOILETS AND SHOWERS WILL BE AVAILABLE IN THE CLUB HOUSE

WARM DRINKS AND LIGHT REFRESHMENTS WILL BE AVAILABLE FOR SALE AND THE LICENCED BAR WILL BE OPEN.

NO MUDDY FOOTWEAR IN THE CLUB HOUSE PLEASE

WE HOPE YOU ENJOY OUR EVENT ,ROTHWELL HARRIERS & A.C