

WEST YORKSHIRE ATHLETICS

**TRACK & FIELD
LEAGUE**



**OFFICIAL HANDBOOK
&
PROGRAMME**

2016

LEAGUE OFFICIALS

PRESIDENT : BRIAN JACKSON
LIFE VICE-PRESIDENTS : GORDON A. AGAR
GEORGE FENSOM
JENNY FENSOM
BRYAN PALMER

HON. SECRETARY: GORDON AGAR
HON. TREASURER : Mrs YVONNE WATERHOUSE
REGISTRATION SECRETARY : Mrs YVONNE WATERHOUSE
RESULTS SECRETARY : PETER YOUNG
RESULTS RECORDER : Mrs PAT SCHOFIELD
TRACK EVENTS ADVISOR :
FIELD EVENTS ADVISOR : STEVE THACKRAY
ANNOUNCER : Mrs FIONA LANCASTER

STARTERS	TIMEKEEPERS	TRACK JUDGES	FIELD JUDGES
G. A. AGAR	C. BARRETT	J. BUCKINGHAM	Mrs M. BAIN
B. MURRAY	A. BROWN	M. COX	Mrs S. BOLLAND
P. LORD	Mrs D. BROWN	Mrs B. CROUGHAN	Mrs C. CREBBIN
T WILLIAMS	R. BROWN	Dr M. GALLAGHER MBE	C. CREBBIN
C YOUNG	R. EVERTON	Mrs B. GOODALL	Mrs A. DANIELS
D. PAVER	D. OWEN	Mrs N FRANCIS	G. GREENWOOD
B. HEYWOOD	L. KAYE	C. JONES	MRS J. JACKSON
	K. JOHNS	Mrs M. SYKES	M. JACKSON
S LOCKING	K. LOCKWOOD	T REED	I. HORSLEY
	Mrs C. NEUFF		Mrs J KAYE
			Mrs S.PICKERSGILL
			A. NEUFF
			J HERBERTS
			E WILKINSON
			Mrs Y. WATERHOUSE
	PHOTO FINISH		
	M SHERMAN		
	R EVERTON		
	R RUSHTON		

OFFICIAL LEAGUE PHOTOGRAPHER

TRACK AND FIELD UKA AND LEAGUE RULES

Please note rules

FOR THE 2016 SEASON

**REGARDING STARTS IN ALL SENIOR & U/17 COMPETITION
DISQUALIFICATION ANY FALSE START**

**ALL ATHLETES WILL BE GIVEN YELLOW CARDS FOR ALL
INFRINGEMENTS.**

Slow response to commands "on your mark"
Or "set"

Any other infringements when in start area
2 YELLOW = DISQUALIFICATION

**OTHER AGE GROUPS U/11 U/13 U/15
INDIVIDUAL WARNINGS**

**Please make sure you know the rules for
2016 season**

**STARTING BLOCKS WILL NOT BE ALLOWED IN
U/11 & U/13 EVENTS
CROUCH START IN ALL AGE GROUPS
EXCEPT U/11 STANDING START ALLOWED**

Track & Field Championship Events 2016.

League 2016.

Your League number is:

(Under UKA and W. Y. T. & F. League Rules)

MALE

U11	75 mt	600 mt	long jump	shot putt	
U13	80 mt	800 mt	long jump	shot putt	
U15	100 mt	200 mt	800 mt*	1500 mt*	
		high jump	shot putt	long jump	
U17	100 mt	200 mt	400 mt	800 mt	1500 mt
		high jump	javelin	discus	hammer
SENIOR	100 mt	200 mt	400 mt	800 mt	1500 mt
		long jump	shot putt	discus	javelin. hammer

FEMALE

U11	75 mt	600 mt	long jump	shot putt	
U13	80 mt	800 mt	high jump	discus	
U15	100 mt	200 mt	800 mt*	1500 mt*	
		high jump	long jump	shot putt	
U17	100 mt	200 mt	300 mt	800 mt	1500 mt
		high jump	discus	hammer	
SENIOR	100 mt	200 mt	400 mt	800 mt	1500 mt
		long jump	shot putt	discus	javelin hammer

3 Trials then best 4 have a further 3 trials in field events

*** U15 GIRLS AND BOYS MAY NOT COMPETE IN BOTH THE
800 metre and 1500 metre EVENTS.**

**ALL AGE GROUPS UNDER 17 YEARS ARE LIMITED TO MAXIMUM
THREE EVENTS ON THE DAY
2 TRACK 1 FIELD OR 2 FIELD 1 TRACK**

ENTRIES BY POST TO: W. Y. T. & F. L. CHAMPIONSHIPS
14 HIGH LANE
NORTON TOWER
HALIFAX HX2 0NW

Please make sure you keep this number for all
meetings of the league.
If you lose your number the cost of replacement
Will be 50p

See back pages for the Championships entry
form and programme.

**DO NOT LET ANYONE ELSE USE YOUR
NUMBER, OR USE ANYONE ELSE'S;
THIS WILL ONLY LEAD TO
DISQUALIFICATION.**

**Track & Field League
Special Notices**

All meetings are held under U.K. Athletics & W. Y. T. & F. League rules. The League will not tolerate the poaching of athletes.

NUMBERS

The numbers sent to you must be kept for all W. Y. T. & F. League meetings. **DO NOT THROW THEM AWAY**

Only officially issued numbers to be worn, **you will not be allowed to compete in home made ones.**

Numbers to be worn as issued do not cut or fold them.

DO NOT use anyone else's **NUMBER** or allow anyone to use yours.

CLOTHING

Only official club colours to be worn.

AGE GROUPS

You may compete only in your own age group.

All age groups under 17 yrs. cannot compete in more than 3 events at any one meeting – MALE or FEMALE. 2 Track, 1 Field, or 2 Field 1 Track.

AGE AS AT 31ST AUGUST / 1ST SEPTEMBER IN YEAR OF COMPETITION

CHANGE OF DATE OR VENUE

Whilst every effort is made to keep to the announced programme, occasionally it may be necessary to make alterations. Any changes will be notified to clubs only. Please check with your Track & Field Secretary or representative.

CHAMPIONSHIPS

Entries must be made on the official entry form, take care to complete the form fully and enclose correct fees. Do not enter any event not listed.

Enclose a S.A.E. if you require an acknowledgement.

New numbers will be issued on the day of the championships.

Only one athlete per form.

ENTRIES may be handed to registration secretary, in a sealed envelope at any league meeting.

**Championship Entry Form
SUNDAY 4th September 2016
CLECKHEATON**

FIELD 12.00 PM, TRACK 1.00PM

Please enter me for the following events:

EVENTS.....

.....**LEAGUE NUMBER**.....

AGE GROUP.....**Male/Female** **CLUB**.....

NAME.....

ADDRESS.....

.....**Post Code**.....

TEL NO.....

CHEQUE/P.O. No.....**FEE ENCLOSED**.....

I declare that I am a registered member of the W.Y.T. & F. League and have competed in at least one of the League meetings in 2016

SIGNATURE.....

**CHEQUES MADE PAYABLE TO W.Y.T & F. LEAGUE
ENTRY FEE £6.00 U11 TO U17 MAY ENTER UP TO 5 EVENTS
BUT WILL ONLY BE ALLOWED 3 ON THE DAY, SENIORS MAY
ENTER ALL ONE FEE.**

ENTRIES CLOSE 3rd AUGUST 2016

**NO TELEPHONE ENTRIES
NO ENTRIES ON THE DAY**

U17MEN

100 Mtrs	11.1s	R. DENNIS	DEIGHTON	1978
	11.1s	P. GRAYDON	HALIFAX	1979
200 Mtrs	22.4s	I. ROTHERFORTH	WAKEFIELD	1979
	22.4	T MOSLEY	LEEDS CITY	2007
400 Mtrs	51.2s	J. CAYENNE	SPENBORIUGH	2005
800 Mtrs	1.57.8s	P. BAXTER	BINGLEY	1976
1500 Mtrs	4.01.0s	R. ETHERINGTON	WETHERBY	1982
HIGH JUMP	1.95m	M. BERNARD	WAKEFIELD	2001
LONGJUMP	6.87m	P. JOHNSON	DEIGHTON	1984
SHOT PUTT	15.49m	M. FLETCHER	WAKEFIELD	1985
JAVELIN	20.24m	R. CROSBY	BINGLEY	1994
DISCUS	43.34m	D. HUSSEY	LEEDS CITY	1988

JUNIOR/SENIOR MEN

100 Mtrs	10.6s	P. GRAYDON	HALIFAX	1980
200 Mtrs	21.79s	D NELSON	BINGLEY	2014
400 Mtrs	48.84s	D NELSON	BINGLEY	2013
800 Mtrs	1.50.4s	I. BURGIN	HALIFAX	1985
1500 Mtrs	3.55.0s	A. ARMITAGE	A.S.V.A.C.	1976
3000 Mtrs	8.07.7s	S. HALLIDAY	HALIFAX	1988
5000 Mtrs	14.23.3s	P. KNIGHT	ROWNTREES	1982
2000 Mtrs/S/C	6.26.2s	I. HOWEY	LONGWOOD	1986
HIGH JUMP	1.95m	A. OVERSBY	SPENBOROUGH	1982
LONG JUMP	7.26m	J. PILLING	LEEDS CITY	1982
SHOT PUTT	17.15m	M. GOULDBOURNE	PUDSEY & BRAMLEY	2003
JAVELIN	54.52m	J. WILKINSON	SKYRAC	1989
DISCUS	50.92m	M. GOULDBOURNE	PUDSEY & BRAMLEY	2003
HAMMER	29.98m	I COTTEN	SKYRAC	2015

Track & Field League Records

MEN & BOYS

U11 BOYS

75 Mtrs	10.54s	G HAHN	BINGLEY	2015
600 Mtrs	1.44.6s	E HUSSEY	SKYRAC	1995
LONG JUMP	4.72m	M GREENWOOD	SPENBOROUGH	2004
SHOT PUTT	8.16m	D ROBERTS	WAKEFIELD	2010

U13 BOYS

80 Mtrs	10.4s	E HURLEY	WAKEFIELD	2008
100 Mtrs	12.8s	P. SAMPSON	WAKEFIELD	1989
150 Mtrs	20.19s	J BUTTERFIELD	LEEDS CITY	2015
800 Mtrs	2.12.6s	M. KAYE	HOLMFIRTH	2006
70 Mtrs Hurd	11.5s	M. WAGNER	LEEDS CITY	2006
75Mt Hurd	12.7s	T FLATTERS	CITY OF YORK	2012
HIGH JUMP	1.52m	D BRADLEY	LEEDS CITY	2007
LONG JUMP	5.15m	C ORANGE	SPENBOROUGH	2013
SHOT PUTT	11.94m	C. WADE	HALIFAX	1995
DISCUS	29.91m	G ARMSTRONG	LEEDS CITY	2010

U15 BOYS

100 Mtrs	11.5s	T.MOSLEY	LEEDS CITY	2006
200 Mtrs	22.4s	T MOSLEY	LEEDS CITY	2010
800 Mtrs	2.01.0s	J. KEITH	SKYRAC	1995
1500Mtrs	4.18.7s	R. FINDLOW	A.S.V.A.C	1981
80Mtrs Hurd	12.7s	G ORTON	LEEDS CITY	2004
HIGH JUMP	1.73m	T LEYSHON	WAKEFIELD	2008
LONG JUMP	5.98m	J. SLEIGH	LEEDS CITY	2004
SHOT PUTT	14.02m	C. WADE	HALIFAX	1997
JAVELIN	44.90m	J. MARNEY	TODMORDEN	1984
DISCUS	47.61m	G ARMSTRONG	LEEDS CITY	2008

Championship Records

MEN & BOYS

U17 MEN

100 Mtrs	11.1s	T MOSLEY	LEEDS CITY	2007
	11.1s	W ROTHERFORD	WAKEFIELD	2012
200 Mtrs	22.4s	T MOSLEY	LEEDS CITY	2007
400 Mtrs	50.5s	P. CRAMPTON	SPENBOROUGH	1985
800 Mtrs	1.56.3s	R ETHERINGTON	WETHERBY	2014
1500 Mtrs	3.58.3s	S. HALLIDAY	HALIFAX	1984
3000 Mt	9.23.0m	B READ	WAKEFIELD	2014
100Mt Hurd	14.27s	H MASLEN	ILKLEY	2013
HIGH JUMP	1.95m	M BERNARD	WAKEFIELD	2006
LONG JUMP	6.56m	A. STANILAND	LEEDS CITY	2003
TRIPLE JUMP	13.43m	P. JOHNSON	DEIGHTON	1984
SHOT PUTT	15.86m	N. CRIMMEN	SPENBOROUGH	1981
JAVELIN	49.34m	G ASPINDLE	SPENBOROUGH	2014
DISCUS	59.81m	G ARMSTRONG	LEEDS CITY	2014
HAMMER	39.26m	S. MEESON	SPENBOROUGH	1984
POLE VAULT	3.40m	N. WRIGHT	WAKEFIELD	1984

JUNIOR/SENIOR MEN

100 Mtrs	10.73s	D NELSON	BINGLEY	1981
200 Mtrs	21.3s	A. SLACK	WAKEFIELD	1983
400 Mtrs	47.8s	A. BELL	WAKEFIELD	1982
800 Mtrs	1.50.4	I. BURGIN	HALIFAX	1985
1500 Mtrs	3.51.6s	M. BENSON	A.S.V.A.C	1987
2000 Mtrs	5.40.1s	I. HOWEY	LONGWOOD	1988
3000 Mtrs	8.10.6s	G. ELLIS	HOLMFIRTH	1990
5000 Mtrs	14.23.3s	P. KNIGHT	ROWNTREES	1982
2000 Mtrs/S/C	5.58.7s	I. HOWEY	LONGWOOD	1985
HIGH JUMP	2.05m	A. OVERSBY	SPENBOROUGH	1987
	2.05m	C. INNES	SPENBOROUGH	1987
LONG JUMP	6.96m	J BROWN	SKYRAC	2010
TRIPLE JUMP	14.19m	M. LAWRENCE	LEEDS CITY	1987
SHOT PUTT	15.69m	M. GOULDBOURNE	PUDSEY &BRAMLEY	2003
JAVELIN	70.06m	M. HILL	LEEDS CITY	1983
DISCUS	47.63m	M. GOULDBOURNE	PUDSEY &BRAMLEY	2002
POLE VAULT	3.60m	I. TOWNEND	LONGWOOD	1984
HAMMER	37.12m	D THOMAS	SKYRAC	2015

U11 BOYS

75 Mtrs	10.6s	D BEADSLEY	HALIFAX	2007
600 Mars	1.43.0s	M. BERNARD	WAKEFIELD	1995
LONG JUMP	4.40m	A HANSON	CITY of YORK	2013
SHOT PUTT	8.13m	G ARMSTRONG	LEEDS CITY	2008

U13 BOYS

80 Mtrs	10.6s	J. URIDGE	ROWNTREES	1996
100 Mtrs	11.32s	T FLATTERS	CITY of YORK	2012
800 Mtrs	2.14.s	M BURGIN	HALIFAX	2014
1500 Mtrs	4. 51.4	J GREEN	BINGLEY	1978
HIGH JUMP	1.49m	W FINELLI	WAKEFIELD	2004
LONG JUMP	5.15m	A KETTLEWELL	HOLMFIRTH	2010
SHOT PUTT	11.04m	J.GARDINER	LEEDS CITY	2006
DISCUS	32.03m	C. HANDLEY	WAKEFIELD	1998

U15 BOYS

100 Mtrs	11.3s	G. YEADON	LEEDS CITY	1976
200 Mtrs	23.2s	T. ACEROYD	LEEDS CITY	1983
800 Mtrs	2.00.5s	J. KEITH	SKYRAC	1995
1500 Mtrs	4.24.2s	M. TAYLOR	HALIFAX	1980
HIGH JUMP	1. 76m	T LEYSHON	WAKEFIELD	2008
LONG JUMP	6.20m	E HURLEY	LEEDS CITY	2010
SHOT PUTT	14.74m	L. COOLIGAN	LEEDS CITY	1985
JAVELIN	44.90m	J. MARNEY	TODMORDEN	
DISCUS	41.50m	L. COOLIGAN	LEEDS CITY	1985

U17 LADIES

100 Mtrs	12.3s	K. BARRACLOUGH	ROWNTREES	1979
200 Mtrs	25.47s	G. YEARBY	LEEDS CITY	2011
300 Mtrs	40.44s	G. YEARBY	LEEDS CITY	2011
400 Mtrs	56.1s	M. HARRISON	WAKEFIELD	2013
800 Mtrs	2.14.1s	S. ARTHINGTON	LEEDS CITY	1978
1500 Mtrs	4.42.6s	B. NOBLE	BINGLEY	1979
HIGH JUMP	1.67m	J. PAYNE	WAKEFIELD	1996
LONG JUMP	5.38m	D. McNULTY	LONGWOOD	1976
SHOT PUTT	4K 12.44m	V. SHEPHERD	WAKEFIELD	1996
	3K 11.60m	A. McCURDIE	WAKEFIELD	2014
JAVELIN	24.30m	J. CROSBY	BINGLEY	1994
DISCUS	41.42m	J. THORNTON	LONGWOOD	1986
HAMMER				

JUNIOR/SENIOR LADIES

100 Mtrs	11.9s	D. GLAZEBROOK	WAKEFIELD	1983
200 Mtrs	25.1s	A. FOSTER	SPENBOROUGH	1976
400 Mtrs	56.2s	J. WYARD	WAKEFIELD	1987
800 Mtrs	2.11.9s	S. HOWE	LONGWOOD	1987
1500 Mtrs	4.36.5s	H. WILKINSON	LONGWOOD	1986
HIGH JUMP	1.75m	T. COLLIER	LEEDS CITY	1982
LONG JUMP	5.80m	F. WESTWOOD	WAKEFIELD	2001
SHOT PUTT	11.96m	B. STANILAND	LEEDS CITY	2006
JAVELIN	37.04m	C. RODEN	SKYRAC	1993
DISCUS	41.82m	S. BACKHOUSE	LEEDS CITY	1996
HAMMER	26.42m	A. McCURDIE	WAKEFIELD	2015

Track & Field League Records

LADIES & GIRLS

U11 GIRLS

75 Mtrs	10.7s	A. CARR	LEEDS CITY	2007
600 Mtrs	1. 48.29s	A. GREENWOOD	SPENBOROUGH	2009
LONG JUMP	4.60m	S. GREENWOOD	SPENBOROUGH	2004
SHOT PUTT	6.70m	S. GREENWOOD	SPENBOROUGH	2004

U13 GIRLS

80 Mtrs	10.5s	A. SMITH	LEEDS CITY	1982
150Mt	20.1	R. TILER	BINGLEY	2011
800 Mtrs	2.22.0s	A. FAHERTY	SKYRAC	1984
70 Mtrs Hurd	11.56s	A. CARR	LEEDS CITY	2009
HIGH JUMP	1.52m	A. LITTLE	LEEDS	2001
LONG JUMP	4.65m	S. GREENWOOD	SPENBOROUGH	2005
SHOT PUTT	9.67m	B. THOMAS	WAKEFIELD	2009
DISCUS	27.44m	C. BECKETT	WAKEFIELD	2000

U15 GIRLS

100 Mtrs	12.41s	K. WASYLIW	HALIFAX	2010
200 Mtrs	25.22s	K. WASYLIW	HALIFAX	2010
800 Mtrs	2.19.0s	S. HOLAH	PUDSEY & BRAMLEY	1999
1500 Mtrs	4.44.8s	S. RAMSDALE	LEEDS CITY	1980
75 Mtrs Hurd	11.3s	H. FRANCIS-SMITHSON	LEEDS CITY	2004
HIGH JUMP	1.56m	A. SIMPSON	SPENBOROUGH	2003
LONG JUMP	5. 11m	G. EYLES	WAKEFIELD	2008
SHOT PUTT	11.42m	J. THORNTON	LONGWOOD	1984
JAVELIN	25.10m	A. BUNN	TODMORDEN	1983
DISCUS	35.21m	A. FAWCETT	LEEDS CITY	2002

U17 LADIES

100 Mtrs	12.2s	D. GLAZEBROOK	WAKEFIELD	1982
200 Mtrs	25.1s	G EYLES	WAKEFIELD	2011
300 Mtrs	39.9s	C. FLANNERY	SPENBOROUGH	2011
400 Mtrs	57.8s	S. BURBIDGE	HALIFAX	1986
800 Mtrs	2.11.6s	A. GIBSON	LONGWOOD	1982
1500 Mtrs	4.34.3s	A. GIBSON	LONGWOOD	1982
3000 Mts	10.53s	L WOODHALL	HARROGATE	2014
80 Mtrs Hurd	12.40s	F COLDWELL	LEEDS CITY	2010
HIGH JUMP	1.67m	J. PAYNE	WAKEFIELD	1996
LONG JUMP	5.52m	R. LAYBOURN	WAKEFIELD	2001
SHOT PUTT	11.57m	S. ATACK	WAKEFIELD	1983
3K	11.60m	A McCURDIE	WAKEFIELD	2014
JAVELIN	33.20m	C. LYTHGOE	TODMORDEN	1983
DISCUS	37.94m	J. THORNTON	LONGWOOD	1985
HAMMER 3K	46.09m	L PUDDEPHATT	HALIFAX	2015

JUNIOR/SENIOR LADIES

100 Mtrs	12.2s	K. BARRACLOUGH	ROWNTREES	1981
200 Mtrs	25.0s	K. BARRACLOUGH	ROWNTREES	1982
	25.0s	C. SUGDEN	SPENBOROUGH	1987
	25.0s	D. GLAZEBROOK	WAKEFIELD	1987
400 Mtrs	55.3s	C. SUGDEN	SPENBOROUGH	1987
800 Mtrs	2.10.9s	C. GOWLAND	SPENBOROUGH	1988
1500 Mtrs	4.29.4s	S. ARTHURTON	LEEDS CITY	1980
3000 Mtrs	10. 51s	H BROWN	SKYRAC	2014
HIGH JUMP	1.75m	S. JAKLOFSKY	WAKEFIELD	1989
LONG JUMP	5.88m	F. WESTWOOD	WAKEFIELD	2001
SHOT PUTT	13.73m	J. THORNTON	LONGWOOD	1987
JAVELIN	37.11m	H. LYTHGOE	TODMORDEN	1983
DISCUS	40.58m	S. BACKHOUSE	LEEDS CITY	1996
HAMMER	36.65m	B THOMAS	SKYRAC	2015

Championship Records

LADIES & GIRLS

U11 GIRLS

75 Mtrs	10.9s	S. LAMBERT	WAKEFIELD	2000
600 Mtrs	1.48.7s	A. GREENWOOD	SPENBOROUGH	2009
LONG JUMP	4.35m	S. GREENWOOD	SPENBOROUGH	2004
SHOT PUTT	6.96m	M DUNBAVIN	WAKEFIELD	2012

U13 GIRLS

80 Mtrs	10.5s	S. BRIGGS	SPENBOROUGH	1979
800 Mtrs	2.24.5s	C ROBERTSON	BINGLEY	2005
70 Mtrs Hurd	12.3s	N. BROMLEY	WAKEFIELD	1999
HIGH JUMP	1.51m	T. BROOK	PARKSIDE	1999
LONG JUMP	4.86m	A CARR	LEEDS CITY	2007
SHOT PUTT	9.94m	J HIRST	HALIFAX	2011
DISCUS	30.05m	H. EVENDEN	LEEDS CITY	2003

U15 GIRLS

100 Mtrs	12.3s	D. GLAZEBROOK	WAKEFIELD	1980
200 Mtrs	25.5s	C FLANNERY	SPENBOROUGH	2009
800 Mtrs	2.19.6s	S. FARRAGHER	HARROGATE	1980
1500 Mtrs	4.47.8s	A. GIBSON	LONGWOOD	1980
75 Mtrs Hurd	12.8s	R. LAYBOURN	WAKEFIELD	1999
HIGH JUMP	1.67 m	A. SIMPSON	SPENBOROUGH	2003
LONG JUMP	5.31m	A. SIMPSON	SPENBOROUGH	2003
SHOT PUTT	12.57m	J. THORNTON	LONGWOOD	1984
DISCUS	36.08m	J. THORNTON	LONGWOOD	1984

Track & Field League Track 2016

WAKEFIELD	SUNDAY 31ST JULY 12.00pm field
HAMMER	U/17/20/ Snr Ladies U/17/20/Snr Men 12NOON
HIGH JUMP	U/15 Boys U/17 Men Snr Ladies
LONG JUMP	U/11 Boys U/13 Boys U/15 Girls U/17 Men
SHOT PUTT	U/11 Girls U/15 Boys U/13 Girls Snr Men
DISCUS	U/13 Girls U/17 .Men U/17 Ladies
JAVELIN	Snr U20 Ladies U/17 ladies

ORDER OF FIELD EVENTS DECLARED ON THE DAY 3 TRIALS ONLY

STARTING HEIGHTS FOR HIGH JUMP IN THE LEAGUE ARE

MALE		FEMALE	
U13	1.10m	U13	1.05m
U15	1.20m	U15	1.10m
U17	1.30m	U17	1.15m
Sen	1.40m	Sen	1.20m

ALL ATHLETES UNDER 17 – 3 EVENTS ONLY PER FIXTURE

2 TRACK, 1 FIELD OR 2 FIELD, 1 TRACK

IF YOU DO MORE ALL POINTS SCORED WILL BE DEDUCTED

SAFETY NOTICE

Only Competitors and Officials are allowed on the track and
in field area, spectators must keep off at all times.

CLECKHEATON			SUNDAY 17th APRIL			1.00 PM		
1	80mH	U15 Boys	12	600m	U11 Boys	23	75m	U11 Girls
2	75mH	U15 Girls	13	600m	U11 Girls	24	800m	S. Men
3	75mH	U13 Boys	14	100m	U15 Boys	25	800m	U17 Men
4	70mH	U13 Girls	15	100m	U15 Girls	26	800m	U17 Ladies
5	3000m	U17 Men	16	100m	U17 Men	27	800m	S. Ladies
6	3000m	S. Men	17	100m	S. Men	28	800m	U13 Boys
7	3000m	S. Ladies	18	100m	S. Ladies	29	800m	U13 Girls
8	3000m	U17 Ladies	19	100m	U17 Ladies	30	200m	S. Men
9	1500m	U15 Boys	20	80m	U13 Boys	31	200m	U17 Men
10	1500m	U15 Girls	21	80m	U13 Girls	32	200m	S. Women
11	300m	U17 Ladies	22	75m	U11 Boys			

CLECKHEATON			WEDNESDAY 4TH MAY			6.45 PM		
1	75m	U11 Girls	7	200m	U17 Men	13	800m	U15 Girls
2	80m	U13 Boys	8	200m	S. Ladies	14	800m	U15 Boys
3	80m	U13 Girls	9	200m	U17 Ladies	15	1500m	U17 Ladies
4	600m	U11 Boys	10	200m	S. Men	16	1500m	S. Ladies
5	200m	U15 Girls	11	150m	U/13 Girls	17	1500m	U17 Men
6	200m	U15 Boys	12	150m	U/13 Boys	18	1500m	S. Men

CLECKHEATON			WEDNESDAY 1ST JUNE			6.45 PM		
1	600m	U11 Girls	7	100m	S. Ladies	13	1500m	U17 Ladies
2	75m	U11 Boys	8	100m	U17 Men	14	1500m	S. Ladies
3	80m	U13 Boys	9	100m	S. Men	15	80mH	U17 ladies
4	100m	U15 Girls	10	800m	U13 Girls	16	1500m	U17 Men
5	100m	U15 Boys	11	1500m	U15 Girls	17	100mH	U17men
6	100m	U17 Ladies	12	1500m	U15 Boys	18	1500m	S. Men

CLECKHEATON			WEDNESDAY 22ND JUNE			6.45 PM		
1	800m	U13 Boys	7	200m	U17 Ladies	13	100mH	U17 Men
2	80m	U13 Girls	8	200m	S. Ladies	14	800m	U17 Ladies
3	75m	U11 Girls	9	200m	U17 Men	15	800m	S. Ladies
4	600m	U11 Boys	10	200m	S. Men	16	80mH	U17Ladies
5	200m	U15 Girls	11	800m	U15 Girls	17	800m	U17 Men
6	200m	U15 Boys	12	800m	U15 Boys	18	800m	S. Men

CLECKHEATON WEDNESDAY 13TH JULY 6.45 PM

1	600m	U11 Girls	7	100m	U17 Ladies	13	1500m	U15 Girls
2	75m	U11 Boys	8	100m	S. Ladies	14	1500m	U15 Boys
3	150m	U13 Girls	9	100m	U17 Men	15	1500m	U17 Ladies
4	150m	U13 Boys	10	100m	S. Men	16	1500m	S. Ladies
5	100m	U15 Girls	11	800m	U13 Girls	17	1500m	U17 Men
6	100m	U15 Boys	12	800m	U13 Boys	18	1500m	S. Men

Field Programme 2016

CLECKHEATON SUNDAY 17th APRIL 1.00 PM

HAMMER	U/17/20 Snr Men & Ladies	12 NOON		
HIGH JUMP	U/13 Boys	U/15 Girls	U/17 Ladies	
LONG JUMP	U/11 Boys	U/13 Girls	Senior Ladies	Senior Men
SHOT PUTT	U/11 Girls	U/17 Men	U/17 Ladies	Senior Ladies
DISCUS	U/15 Boys	Senior Men	Senior Ladies	
JAVELIN	Senior/Jun Men	U/17 Men		

WAKEFIELD SUNDAY 31ST JULY 1.00 PM

1	3000m	U17 Men	13	600m	U11 Boys	25	75m	U11 Girls
2	3000m	S. Men	14	200m	U15 Girls	26	800m	U17 Ladies
3	80mH	U15 Boys	15	200m	U15 Boys	27	800m	S. Ladies
4	1500m	S. Ladies	16	100m	S. Ladies	28	800m	S. Men
5	1500m	U17 Ladies	17	100m	S. Men	29	800m	U17 Men
6	75mH	U15 Girls	18	100m	U17 Men	30	800m	U15 Girls
7	75mH	U13 Boys	19	100m	U15 Boys	31	800m	U13 Boys
8	70mH	U13 Girls	20	100m	U15 Girls	32	800m	U13 Girls
9	1500m	U15 Boys	21	100m	U17 Ladies	33	800m	U15 Boys
10	1500m	U15 Girls	22	80m	U13 Boys	34	400m	U17 Men
11	300m	U17 Ladies	23	80m	U13 Girls	35	400m	S. Men
12	600m	U11 Girls	24	75m	U11 Boys	36	400m	S. Ladies

CLECKHEATON WEDNESDAY 4TH MAY 6.45 PM

HIGH JUMP	U/15 Boys	Senior Men	
LONG JUMP	U/11 Girls	U/15 Girls	Senior Ladies
SHOT PUTT	U11 Boys	U/13 Boys	U/17 Ladies
DISCUS	U/13 Girls	U/17 Men	

CLECKHEATON WEDNESDAY 1ST JUNE 6.45 PM

HIGH JUMP	U/13 Girls	U/17 Men	
LONG JUMP	U/13 Boys	U15 Boys	U/17 Ladies
SHOT PUTT	U/11 Girls	U/15 Boys	Senior Men
DISCUS	U/15 Girls	Senior Ladies	

CLECKHEATON WEDNESDAY 22ND JUNE 6.45 PM

HIGH JUMP	Senior Ladies	Senior Men	
LONG JUMP	U/11 Boys	U/15 Boys	Senior Men
SHOT PUTT	U/13 Girls	U15 Girls	U/17Men
DISCUS	U/13 Boys	U17 Ladies	

CLECKHEATON WEDNESDAY 13TH JULY 6.45 PM

HIGH JUMP	U/15 Girls	U/17 Ladies	
LONG JUMP	U/11 Girls	U/13 Girls	U/17 Men
SHOT PUTT	U/11 Boys	U/13 Boys	Senior Ladies
DISCUS	U/15 Boys	Senior Men	