

**WEST YORKSHIRE
TRACK & FIELD
LEAGUE**



**OFFICIAL HANDBOOK
&
PROGRAMME**

2024

Introduction to the League

The West Yorkshire Track & Field League was set up in 1968 by Granville Beckett, then Hon. Secretary of Huddersfield's Longwood Harriers, and later North of England AA Secretary.

The idea came following visits to Manchester, where Roger Colson had made the most of the new facilities at Stretford's Longford Park to form the Stretford Track League. Beckett felt that there was room for a similar league on this side of the Pennines.

There were no synthetic tracks in Yorkshire in those days and the first season in the league saw a dozen fixtures held at various venues, including grass tracks, so that each club in the organisation could host a fixture. Tracks used included Temple Newsam, Leeds, Leeds Road, Huddersfield, Marley Stadium, Keighley, Horsfall Playing Fields, Bradford and grass tracks at Holmfirth High School, and Spring Hall, Halifax. Some 700 athletes of all age groups joined the league, and they were issued with a season's fixture card and a number.

Bob Smith of Bingley Harriers was elected the League's first president at a general meeting at Huddersfield YMCA and Wakefield's Doug Bedford, later to become league president himself, presented two trophies for annual competition.

West Yorkshire Championships for various track events were allocated to various meetings and provided a main event for each fixture. In recent years a West Yorkshire League Championships was held as a separate event at the end of the season, with its own set of medals awarded. The Championships event was also used to present the medals to all the individual league winners.

The league was seen as a bridge to the gulf between school and club competition and it is pleasing to see the league still flourishing in this respect more than 50 years after its formation. This is largely due to the efforts of Gordon Agar of Skyrac AC, who has given more than 40 years of dedicated service to the league, and he has been the main driving force of the league in recent years.

An on-line archive of all past results of the League since 2002, together with all the League and Championship records can be found on the League website :-

<http://www.westyorkshireathletics.org.uk/wytf1.htm>

West Yorkshire T & F League Championships
 Cleckheaton - Sunday 8th September 2024

(Under UKA and WYT & F League Rules)

Field events start 10:30 am, Track events 10:30 am

MALE

U11	75m	600m	Long jump	Shot	
U13	100m	800m	75m Hurdles	High jump	Discus
U15	200m	Mile	80m Hurdles	High jump	Discus
U17	200m	800m	100m Hurdles	Mile	
	Long jump	Shot	Hammer		
U20/SEN	200m	800m	Mile		
	Long jump	Discus	Hammer		

FEMALE

U11	75m	600m	Long jump	Shot	
U13	200m	800m	70m Hurdles	Long jump	Shot
U15	100m	Mile	75m Hurdles	Long jump	Shot
U17	100m	300m	80m Hurdles	Mile	
	High jump	Discus	Javelin		
U20/SEN	100m	400m	Mile		
	High jump	Shot	Javelin		

3 Trials then best 4 have a further 3 trials in the field events

ALL AGE GROUPS ARE LIMITED TO MAXIMUM THREE EVENTS ON THE DAY

All athletes who have entered the League are automatically entered in the Championships.

Please note that for most age groups it is not possible to put on all events in a one-day programme. So, most events will be offered in alternate years.

West Yorkshire T&F League 2024

Your League number is :

Please make sure you keep this number for all meetings of the West Yorkshire League including the Championships.

If you lose your number, then the cost of replacement will be 50p

See back pages for details of the Championships

DO NOT LET ANYONE ELSE USE YOUR NUMBER, OR USE ANYONE ELSE'S; THIS WILL ONLY LEAD TO DISQUALIFICATION.

LEAGUE OFFICERS FOR 2024

HONORARY PRESIDENT	:	GORDON AGAR
SECRETARY	:	JEAN JACKSON
TREASURER	:	MIKE JACKSON
REGISTRATION SECRETARY	:	PAT SCHOFIELD
RESULTS & WEBSITE SECRETARY	:	PETER YOUNG
TRACK REFEREE	:	MARC RANDELL
FIELD REFEREE	:	JEAN JACKSON
COMMITTEE MEMBER	:	HAZEL BERRETT
COMMITTEE MEMBER	:	BOB JACKSON
COMMITTEE MEMBER	:	BEVERLY HORSFIELD
COMMITTEE MEMBER	:	NICOLA FRANCIS
COMMITTEE MEMBER	:	JACOB DARBY
ANNOUNCER	:	FIONA LANCASTER
PHOTO FINISH	:	MIKE SHERMAN
		TOM REED

GRADED OFFICIALS

STARTERS	TIMEKEEPERS	TRACK JUDGES	FIELD JUDGES
IAN DUNN	CRAIG BARRETT	JOHN BUCKINGHAM	MARJORIE BAIN
MIKE BAKER	JOHN CAPENERHURST	JERRY WATSON	SHABINA BHATIA
CHRISTINE RILEY	BILL TORCH	IAN RICHARDS	HUGH PEARSON
MATTHEW CAIR	PATRICK FRANCIS	MOIRA GALLAGHER	JEAN JACKSON
		AMANDA PEARSON	MIKE JACKSON
		NICOLA FRANCIS	BOB JACKSON
		CYRIL JONES	KEVIN ASPINDLE
		MYRIAM SYKES	JULIE ASPINDLE
		TOM REID	SUE LAWAL
		MARC RANDELL	DUNCAN FRASER
		HAZEL BERRETT	JANET PEARSON
		IAN MARTIN	PAUL FURNESS
		JOHN WHELAN	ROY BAIN
		KEITH ACKROYD	CONNER BELL
			JAKE DERBY
			BEV HORSFIELD
			KELLY LAW
			CHRIS HAINSWORTH
			ANGELA ADAMS
			RICHARD ADAMS

The WYT&F League thanks all the officials and helpers who have offered to give their time to make these meetings possible.

However, the sport of athletics is always needing new people to come forward to offer their services. So, anyone wishing to help out, please contact one of the league officers for more information.

WYL Round 6 - CLECKHEATON - WEDNESDAY 7th AUGUST

Track Programme Starting at 6:30 pm

1	75m	U11 Boys	7	200m	U15 Boys	13	1500m	Sen Women
2	100m	U13 Boys	8	200m	U17 Men	14	300m	U17 Women
3	100m	U15 Girls	9	200m	Sen Men	15	400m	Sen Women
4	100m	U17 Women	10	600m	U11 Girls	16	800m	U13 Boys
5	100m	Sen Women	11	1500m	U15 Girls	17	800m	U15 Boys
6	200m	U13 Girls	12	1500m	U17 Women	18	800m	U17 Men
						19	800m	Sen Men

Field Programme Starting at 6:30 pm

HIGH JUMP	U13 Boys	U15 Boys	
LONG JUMP	U11 Boys	U13 Girls	U15 Girls
SHOT	U11 Girls	U17 Women	Jun/Sen Women
DISCUS	U17 Men	Jun/Sen Men	

ORDER OF FIELD EVENTS DECLARED ON THE DAY 3 trials for U11/U13/U15 athletes, 4 trials U17/U20/Seniors

Starting heights for the High Jump are at the discretion of the Field Referee

**ALL ATHLETES ARE ALLOWED 3 EVENTS ONLY PER FIXTURE
IF YOU DO MORE THEN ALL POINTS SCORED AFTER THE FIRST
THREE EVENTS WILL BE DEDUCTED**

WYL Round 5 - CLECKHEATON - SUNDAY 7th JULY

Track Programme Starting at 10:30 am

1	100mH	U17 Men	11	70mH	U13 Girls	21	200m	Sen Women
2	3000m	U17 Men	12	75m	U11 Girls	22	600m	U11 Boys
3	3000m	Jun/Sen Men	13	75m	U11 Boys	23	600m	U11 Girls
4	80mH	U15 Boys	14	100m	U13 Girls	24	800m	U13 Girls
5	80mH	U17 Women	15	100m	U15 Boys	25	800m	U15 Girls
6	3000m	U17 Women	16	100m	U17 Men	26	800m	U17 Women
7	3000m	Sen Women	17	100m	Jun/Sen Men	27	800m	Sen Women
8	75mH	U13 Boys	18	200m	U13 Boys	28	400m	U17 Men
9	75mH	U15 Girls	19	200m	U15 Girls	29	400m	Jun/Sen Men
10	1500m	U15 Boys	20	200m	U17 Women	30	Race Walk *	

- It is intended to hold a Race Walk event for all age groups. This will be a development non-scoring event.

Field Programme Starting at 10:30 am

HIGH JUMP	U13 Girls	U17 Men	Jun/Sen Men
LONG JUMP	U11 Girls	U13 Boys	U15 Boys
TRIPLE JUMP	U15 Girls	U17 Women	Jun/Sen Women
POLE VAULT	U15G, U15B, U17W, U17M,	Jun/Sen Women,	Jun/Sen Men
SHOT	U11 Boys	U13 Boys	U15 Boys
DISCUS	U13 Girls	U15 Girls	
HAMMER	U17 Women	Jun/Sen Women	
JAVELIN	U17 Men	Jun/Sen Men	

ORDER OF FIELD EVENTS DECLARED ON THE DAY 3 trials for U11/U13/U15 athletes, 4 trials U17/U20/Seniors

Starting heights for the High Jump and Pole Vault are at the discretion of the Field Referee

**ALL ATHLETES ARE ALLOWED 3 EVENTS ONLY PER FIXTURE
IF YOU DO MORE THEN ALL POINTS SCORED AFTER THE FIRST
THREE EVENTS WILL BE DEDUCTED**

TRACK AND FIELD UKA AND LEAGUE RULES Please note FOR THE 2024 SEASON

REGARDING STARTS IN ALL SENIOR & U/17 COMPETITION
DISQUALIFICATION ANY FALSE START
ALL ATHLETES WILL BE GIVEN YELLOW CARDS FOR ALL
INFRINGEMENTS.

Slow response to commands "on your mark"
Or "set"

Any other infringements when in start area
2 YELLOW = DISQUALIFICATION

**OTHER AGE GROUPS U/11, U/13, U/15
INDIVIDUAL WARNINGS**

Please make sure you know the UK Athletics
rules for the 2024 season

**STARTING BLOCKS WILL NOT BE ALLOWED IN
U/11 & U/13 EVENTS**

**CROUCH START IN ALL AGE GROUPS
EXCEPT U/11, WHERE A STANDING START ALLOWED**

SAFETY NOTICE

**Only Competitors and Officials are allowed on the track
and in field area. Coaches can assist during warm up for
field events but must leave before the competition starts.**

**The only exception to this rule is for guides and support
staff for BKS athletes.**

Spectators must keep off the competition areas at all times.

Track & Field League Special Notices

All meetings are held under U.K. Athletics & W. Y. T. & F. League rules.

NUMBERS

The numbers you are given must be kept for all the WYT&F League meetings, including the Championships. **DO NOT THROW THEM AWAY.**

Only officially issued numbers to be worn, **you will not be allowed to compete in home made ones.**

Numbers to be worn as issued do not cut or fold them.

DO NOT use anyone else's **NUMBER** or allow anyone to use yours.

CLOTHING

Only official club colours to be worn.

AGE GROUPS

You may compete only in your own age group.

AGE AS AT MIDNIGHT ON 31ST AUGUST IN YEAR OF COMPETITION

All age groups cannot compete in more than 3 events at any one meeting.

CHANGE OF DATE OR VENUE

Whilst every effort is made to keep to the announced programme, occasionally it may be necessary to make alterations. Any changes will be notified to clubs only, and not to individual athletes. Please check with your Track & Field representative and check the WYTFL website.

CHAMPIONSHIPS

All athletes who have entered the League are also automatically entered into the Championships. **YOU WILL USE THE SAME NUMBER**

WYL Round 4 - CLECKHEATON - WEDNESDAY 19th JUNE

Track Programme Starting at 6:30 pm

1	75m	U11 Girls	7	200m	U13 Boys	13	1500m	Jun/SenMen
2	100m	U13 Girls	8	200m	U15 Girls	14	800m	U13 Girls
3	100m	U15 Boys	9	200m	U17 Women	15	800m	U15 Girls
4	100m	U17 Men	10	200m	Jun/SenW	16	800m	U17 Women
5	100m	Jun/SenMen	11	1500m	U15 Boys	17	800m	Jun/SenW
6	600m	U11 Boys	12	1500m	U17 Men	18	400m	U17 Men
						19	400m	Jun/SenMen

Field Programme Starting at 6:30 pm

HIGH JUMP	U17 Women	Jun/Sen Women
LONG JUMP	U11 Girls	U17 Men Jun/Sen Men
SHOT	U11 Boys	U13 Girls U15 Girls
DISCUS	U13 Boys	U15 Boys

ORDER OF FIELD EVENTS DECLARED ON THE DAY 3 trials for U11/U13/U15 athletes, 4 trials U17/U20/Seniors

Starting heights for the High Jump are at the discretion of the Field Referee

**ALL ATHLETES ARE ALLOWED 3 EVENTS ONLY PER FIXTURE
IF YOU DO MORE THEN ALL POINTS SCORED AFTER THE FIRST
THREE EVENTS WILL BE DEDUCTED**

WYL Round 3 - CLECKHEATON - WEDNESDAY 29th MAY

Track Programme Starting at 6:30 pm

1	75m	U11 Boys	7	200m	U13 Girls	13	1500m	Jun/Sen W
2	100m	U13 Boys	8	200m	U15 Boys	14	300m	U17 Women
3	100m	U15 Girls	9	200m	U17 Men	15	800m	U13 Boys
4	100m	U17 Women	10	200m	Jun/Sen Men	16	800m	U15 Boys
5	100m	Jun/Sen W	11	1500m	U15 Girls	17	800m	U17 Men
6	600m	U11 Girls	12	1500m	U17 Women	18	800m	Jun/Sen Men
						19	400m	Jun/Sen W

Field Programme Starting at 6:30 pm

HIGH JUMP	U13 Girls	U15 Girls	
LONG JUMP	U11 Boys	U11 Girls	U15 Boys
SHOT	U13 Boys	U17 Men	Jun/Sen Men
DISCUS	U17 Women	Jun/Sen Women	

ORDER OF FIELD EVENTS DECLARED ON THE DAY 3 trials for U11/U13/U15 athletes, 4 trials U17/U20/Seniors

Starting heights for the High Jump are at the discretion of the Field Referee

**ALL ATHLETES ARE ALLOWED 3 EVENTS ONLY PER FIXTURE
IF YOU DO MORE THEN ALL POINTS SCORED AFTER THE FIRST
THREE EVENTS WILL BE DEDUCTED**

LEAGUE SCORING SYSTEM AND AWARDS

Individuals in each age group will score points in each event they compete in, at each league meeting, as follows :-

1st place 7 points, 2nd place 5 points, 3rd place 4 points
4th place 3 points, 5th place 2 points, 6th place 1 point

In case of an equal placing, points are to be awarded as the highest place and the next missed.

e.g. two =3rd athletes receive 4 points each, and then no 4th place given.
all =6th place athletes will all receive 1 point.

At the end of the six league meetings, awards will be given to the 3 athletes with the most points in each age group. If athletes end up with an equal number of points at the end of season, then the one with the most winner points scored will be placed highest.

All the individual points will go towards club totals, to determine the overall League Club Champions. The competing clubs are in two divisions, and the winner of the 1st Division will be declared League Club Champions. At the end of the season the top 2 teams from Division 2 will be promoted, replacing the bottom 2 teams from Division 1.

For the younger age groups (U11, U13 & U15) there will also be team awards for the club scoring the most points in each of those age groups.

The league awards will be presented at the League Championships meeting, to be held on Sunday 8th September.

There are also awards given out, to be decided by the League Officers, for the best individual performances achieved during the season. These are the Douglas Bedford Award for the best track performance of the season, and the Frank Gledhill Award for the best field event performance of the season. There is also the Sheila Bolland Award for the most points scored by a veteran athlete.

Track & Field League Records – Men & Boys

U11 BOYS

75m	10.54s	George Hahn	Bingley	2015
600m	1m 44.66s	Ethan Hussey	Skyrac	2013
Long Jump	4.72m	Mason Greenwood	Spensorborough	2012
Shot	8.16m	Dylan Roberts	Wakefield	2010

U13 BOYS

80m	10.4s	Elliott Hurley	Leeds City	2008
100m	12.8s	Paul Sampson	Wakefield	1989
150m	20.01s	Jack Fellows	Halifax	2022
800m	2m 12.6s	Max Kaye	Holmfirth	2006
70m Hurdles	11.5s	Matthew Wagner	Leeds City	2006
75m Hurdles	12.71s	Thomas Flatters	City of York	2012
High Jump	1.52m	Dylan Bradley	Leeds City	2007
Long Jump	5.15m	Callum Orange	Spensorborough	2013
Shot	11.94m	Chris Wade	Halifax	1995
Discus	29.91m	George Armstrong	Leeds City	2010

U15 BOYS

100m	11.5s	Tom Mosley	Leeds City	2006
200m	23.36s	Bayleigh Lawton	Spensorborough	2019
800m	2m 01.0s	Jonathan Keith	Skyrac	1995
1500m	4m 18.05s	Alexander Thompson	Bingley	2018
80m Hurdles	12.74s	George Orton	Holmfirth	2013
High Jump	1.80m	Jack Holmes	Pontefract	2021
Long Jump	5.98m	James Sleigh	Leeds City	2004
Shot	14.02m	Chris Wade	Halifax	1997
Javelin	44.90m	M. Marney	Todmorden	1984
Discus	47.61m	George Armstrong	Leeds City	2012

U17 MEN

100m	11.1s	Tom Mosley	Leeds City	2007
200m	22.4s	Tom Mosley	Leeds City	2007
400m	50.5s	Peter Crampton	Spensorborough	1985
800m	1m 56.30s	Robert Etherington	Wetherby	2014
1500m	3m 58.3s	Steve Halliday	Halifax	1984
3000m	9m 06.27s	Archie Budding	Ilkley	2023
100m Hurdles	14.27s	Harry Maslen	Ilkley	2013
High Jump	1.95m	James Heaton	Leeds City	2006
Long Jump	6.56m	Andrew Staniland	Leeds City	2003
Triple Jump	13.43m	P. Johnson	Deighton Sch	1984

WYL Round 2 - CLECKHEATON - WEDNESDAY 8th MAY

Track Programme

Starting at 6:30 pm

1	75m	U11 Girls	7	200m	U13 Boys	13	1500m	Jun/Sen Men
2	100m	U13 Girls	8	200m	U15 Girls	14	800m	U13 Girls
3	100m	U15 Boys	9	200m	U17 Women	15	800m	U15 Girls
4	100m	U17 Men	10	200m	Jun/Sen W	16	800m	U17 Women
5	100m	Jun/Sen Men	11	1500m	U15 Boys	17	800m	Jun/Sen W
6	600m	U11 Boys	12	1500m	U17 Men	18	400m	U17 Men
						19	400m	Jun/Sen Men

Field Programme

Starting at 6:30 pm

HIGH JUMP	U17 Men	Sen Men	
LONG JUMP	U13 Boys	U17 Women	Jun/Sen Women
SHOT	U11 Girls	U11 Boys	U15 Boys
DISCUS	U13 Girls	U15 Girls	

ORDER OF FIELD EVENTS DECLARED ON THE DAY 3 trials for U11/U13/U15 athletes, 4 trials U17/U20/Seniors

Starting heights for the High Jump are at the discretion of the Field Referee

**ALL ATHLETES ARE ALLOWED 3 EVENTS ONLY PER FIXTURE
IF YOU DO MORE THEN ALL POINTS SCORED AFTER THE FIRST
THREE EVENTS WILL BE DEDUCTED**

Track Programme
Starting at 10:30 am

1	100mH	U17 Men	11	70mH	U13 Girls	21	200m	Jun/Sen Men
2	3000m	U17 Men	12	75m	U11 Girls	22	600m	U11 Boys
3	3000m	Jun/Sen Men	13	75m	U11 Boys	23	600m	U11 Girls
4	80mH	U15 Boys	14	100m	U13 Boys	24	800m	U13 Boys
5	80mH	U17 Women	15	100m	U15 Girls	25	800m	U15 Boys
6	3000m	U17 Women	16	100m	U17 Women	26	800m	U17 Men
7	3000m	Jun/Sen W	17	100m	Jun/Sen W	27	800m	Jun/Sen Men
8	75mH	U13 Boys	18	200m	U13 Girls	28	300m	U17 Women
9	75mH	U15 Girls	19	200m	U15 Boys	29	400m	Jun/Sen W
10	1500m	U15 Girls	20	200m	U17 Men			

Field Programme
Starting at 10:30 am

HIGH JUMP	U13 Boys	U17 Women	Jun/Sen Women
LONG JUMP	U11 Boys	U13 Girls	U15 Girls
TRIPLE JUMP	U15 Boys	U17 Men	Jun/Sen Men
SHOT	U11 Girls	U13 Girls	U15 Girls
DISCUS	U13 Boys	U15 Boys	
JAVELIN	U17 Women	Jun/Sen Women	
HAMMER	U17 Men	Jun/Sen Men	

ORDER OF FIELD EVENTS DECLARED ON THE DAY
3 trials for U11/U13/U15 athletes, 4 trials U17/U20/Seniors

Starting heights for the High Jump are at the discretion of the Field Referee

ALL ATHLETES ARE ALLOWED 3 EVENTS ONLY PER FIXTURE
IF YOU DO MORE THEN ALL POINTS SCORED AFTER THE FIRST
THREE EVENTS WILL BE DEDUCTED

U17 MEN contd

Pole Vault	3.40m	N. Wright	Wakefield	1984
Shot	15.86m	N. Crimmen	Spensorough	1981
Javelin	49.34m	Glenn Aspindle	Spensorough	2014
Discus	59.81m	George Armstrong	Leeds City	2014
Hammer	39.26m	Steven Heeson	Spensorough	1984

U20 MEN (from 2009)

100m	10.73 s	Demetric Nelson	Bingley	2013
200m	21.84 s	Connor Wood	Leeds City	2016
400m	50.35 s	Jamie Phillips	Wetherby	2010
800m	1m 57.21 s	Alexander Pagdin	Skyrac	2016
1500m	4m 02.82 s	Alexander Pagdin	Skyrac	2016
3000m	9m 01.06 s	Mark Bostock	Wakefield	2018
High Jump	1.89 m	Harry Maslen	Ilkley	2015
Long Jump	6.84 m	Reynold Banjo	Leeds City	2016
Shot 6K	12.78 m	Tom Kirk	Doncaster	2014
Javelin 800g	48.30 m	Glenn Aspindle	Spensorough	2013
Discus 1.75K	40.48 m	James Tate	Skyrac	2016
Hammer 6K	36.33 m	Jake Darby	Spensorough	2018

SENIOR MEN

100m	10.73s	Demetric Nelson	Bingley	2013
200m	21.3s	Alan Slack	Wakefield	1983
400m	47.8s	Alan Bell	Wakefield	1982
800m	1m 50.4s	Ian Burgin	Halifax	1985
1500m	3m 51.6s	Mark Benson	A.S.V.A.C.	1987
3000m	8m 10.6s	Graham Ellis	Holmfirth	1990
5000m	14m 23.3s	Peter Knight	Rowntrees	1982
2000m S/C	5m 58.7s	Ian Howey	Longwood	1985
High Jump	2.05m	A. Oversby	Spensorough	1987
	2.05m	Chris Innes	Spensorough	1987
Long Jump	6.96m	Jacob Brown	Skyrac	2010
Triple Jump	14.19m	Mark Lawrence	Leeds City	1987
Pole Vault	3.60m	I. Townend	Longwood	1984
Shot	15.69m	Marcus Gouldbourne	Pudsey & Bramley	2003
Javelin	70.06m	Mick Hill	Leeds City	1983
Discus	47.63m	Marcus Gouldbourne	Pudsey & Bramley	2002
Hammer	38.00m	James Tate	Bingley	2022

Track & Field League Records – Ladies & Girls

U11 GIRLS

75m	10.60s	Sienna Lavine	Pontefract	2023
600m	1m 41.34s	Sienna Lavine	Pontefract	2023
Long Jump	4.60m	Shannon Greenwood	Spensorborough	2004
Shot 2Kg	7.53m	Lily Keeler	Wakefield	2022

U13 GIRLS

80m	10.5s	Amanda Smith	Leeds City	1982
150m	19.85s	Natalie Groves	Spensorborough	2016
800m	2m 21.84s	Martha Jackson	Bingley	2019
70m Hurdles	11.56s	Alyssia Carr	Leeds City	2009
High Jump	1.52m	Ashley Little	Leeds City	2001
Long Jump	4.65m	Shannon Greenwood	Spensorborough	2005
Shot	9.67m	Bethany Thomas	Wakefield	2009
Discus	27.44m	Chloe Beckett	Wakefield	2000

U15 GIRLS

100m	12.41s	Kate Wasylw	Halifax	2010
200m	25.22s	Kate Wasylw	Halifax	2010
800m	2m 19.0s	Sarah Holah	Pudsey & Bramley	1999
1500m	4m 44.8s	Sally Ramsdale	Leeds City	1980
75m Hurdles	11.3s	Hannah Francis-Smithson	Leeds City	2004
High Jump	1.57m	Ellie Fedzin	Wakefield	2019
Long Jump	5.20m	Amy Hunt	Wakefield	2019
Shot	11.42m	Jayne Thornton	Longwood	1984
Javelin	25.10m	A. Bunn	Todmorden	1983
Discus	35.21m	A. Fawcett	Skipton	2002

U17 LADIES

100m	12.2s	Dianne Glazebrook	Wakefield	1982
200m	25.11s	Grace Eyles	Wakefield	2011
300m	39.95s	Ciara Flannery	Spensorborough	2011
400m	57.8s	S. Burbidge	Halifax	1986
800m	2m 11.6s	Angela Gibson	Longwood	1982
1500m	4m 34.3s	Angela Gibson	Longwood	1982
3000m	10m 29.93s	Charlotte Rawstron	Skyrac	2022
80m Hurdles	12.40s	Frances Coldwell	Leeds City	2010
High Jump	1.67m	Judith Payne	Wakefield	1996
Long Jump	5.52m	Ruth Laybourn	Wakefield	2001

Track & Field League Records– Ladies & Girls

U17 LADIES contd

Shot 4Kg	11.57m	Susan Atack	Wakefield	1983
Shot 3Kg	11.68m	Maria Schofield	Pontefract	2016
Hammer 3Kg	47.37m	Maria Schofield	Pontefract	2016
Javelin	33.20m	Carol Lythgoe	Todmorden	1983
Discus	37.94m	Jayne Thornton	Longwood	1985

U20 LADIES (from 2009)

100m	12.27s	Ciara Flannery	Spensorborough	2013
200m	25.33s	Georgia Yearby	Leeds City	2014
400m	59.27s	Natasha Ashong	Spensorborough	2010
800m	2m 17.17s	Jennifer Walsh	Spensorborough	2010
1500m	4m 44.23s	Isobel Richardson	Holmfirth	2022
3000m	10m 51.88s	Hannah Brown	Skyrac	2013
High Jump	1.60m	Rebecca Sullivan	Halifax	2012
Long Jump	4.98m	Bethany Porter	Wakefield	2013
Shot 4Kg	11.68m	Lucy Holmes	Wakefield	2011
Hammer 4Kg	40.91m	Lucy Puddephatt	Halifax	2016
Javelin 600g	24.75m	Bethany Porter	Wakefield	2012
Discus 1Kg	34.37m	Jessica Hirst	Halifax	2017

SENIOR LADIES

100m	12.2s	Karen Barraclough	Rowntrees	1981
200m	25.0s	Karen Barraclough	Rowntrees	1982
	25.0s	Clare Sugden	Spensorborough	1987
	25.0s	Dianne Glazebrook	Wakefield	1987
400m	55.3s	Clare Sugden	Spensorborough	1987
800m	2m 10.9s	Cath Gowland	Spensorborough	1988
1500m	4m 29.4s	Sandra Arthurton	Leeds City	1980
3000m	10m 42.14s	Sarah Cumber	Halifax	2018
High Jump	1.75m	Susan Jaklofsky	Wakefield	1989
Long Jump	5.88m	Fiona Westwood	Wakefield	2001
Shot 4Kg	13.73m	Jayne Thornton	Longwood	1987
Hammer 4Kg	43.27m	Megan Ascough	Spensorborough	2022
Javelin	37.11m	Hazel Lythgoe	Todmorden	1984
Discus	41.90m	Jemma Ibbetson	Leeds City	2017